

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



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Color and Energy

Aligning what you wear with how you actually feel in it

This one is borrowed from Carol Tuttle's work and the time I spent figuring out what actually looks like me, instead of what looks fine in a dressing room. Most of us have a closet full of clothes that technically work and never get worn, and the reason is usually here. It is not about trends or seasons or a color analysis from a magazine. It is about noticing what feels right when you wear it, and letting that pattern guide what you buy next.

What I Already Know About Myself

Category	What feels right	What to avoid
Dominant colors — the ones that show up when you feel best		
Neutral base — the colors that quietly carry everything else		



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Accent colors — the ones that lift the rest		
Fabrics that feel right against your skin		
Fabrics you keep avoiding even when the piece is beautiful		
Structure — soft, tailored, flexible, layered		



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Pattern Check

Question	What I notice
When I get compliments, what am I usually wearing?	
When I feel pulled together, what's on me?	
When I feel off all day, what did I put on that morning?	
What's in my closet that "should" work but never does?	

One Line to Finish

When I feel most like myself, my clothes usually feel —

