

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



www.YourPossibleHome.com

Family Code of Conduct Worksheet

How We Treat Each Other in This Home

(A blank template — fill in together, then post where decisions are made: kitchen, hallway, family room)

In our family, being together is a privilege, and we protect that privilege by choosing behavior that builds trust, safety, and respect. Use the prompts below to write your own version. Keep the language simple enough that a child in your home could repeat it back to you.

Our family's core commitment

Write one or two sentences that describe what your family is choosing to protect. This is the "why" behind everything that follows.

1. How we speak

What does respectful speech sound like in your home, especially when emotions are high? Think about tone, volume, and the way you talk about people who aren't in the room.

In our home, we speak to each other this way:

We don't:



Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI


www.YourPossibleHome.com

2. How we act

What do safe bodies and shared space look like in your family? Be specific enough that a child knows exactly what's expected.

In our home, we treat each other and our space this way:

We don't:

3. How we handle conflict

What does it look like in your family when something goes wrong between two people? How do you pause, repair, and move forward?

When there's conflict in our home, we:

A short phrase your family can say out loud when something needs repair:

4. How we treat ourselves

What does self-respect look like in your home? Think about thoughts, motives, and the kind of effort you want each person to bring to their own life.

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI


www.YourPossibleHome.com

In our home, we treat ourselves this way:

5. Agency and responsibility

What is each person in your family accountable for? What does the easy way and the hard way look like in your home?

In our home, the easy way means:

In our home, the hard way means:

6. Our family priority order

Many families use a short phrase or acronym to remind themselves what comes first when priorities collide. Some families use J.O.Y. (values, others, yourself). Some use faith, family, friends. Some write their own. What's yours?

Our priority order:

What this means in practice for our family:

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI


www.YourPossibleHome.com

When the code is broken

What does repair look like in your home when someone falls short? Write the steps your family wants to take, in order.

When something goes wrong, we:

1. _____
2. _____
3. _____
4. _____

What we don't do:

This code applies to

Check everyone who lives in or regularly enters your home. The standard applies to all of them, and the standard is offered back to all of them.

- Parents
- Children
- Guests
- Exchange students
- Extended family
- Other: _____

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



www.YourPossibleHome.com

A short reminder for the bottom of the page

Write one sentence your family wants to remember when things get hard. Something true, something simple, something a child could say out loud in the middle of a bad afternoon.

Family Name: _____

Date Created: _____

Next Review Date: _____

