

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI


www.YourPossibleHome.com

Seasonal Reassessment Prompt

A single AI prompt for the moments when a provider relationship needs a fresh look

Some provider relationships drift out of fit slowly enough that you don't notice. The criteria you started with isn't the criteria that matters anymore. This prompt forces a real reassessment in about ten minutes.

Save it. Use it once a year per provider that matters, or whenever something feels off.

The prompt

Help me reassess whether [provider name or type] still fits our family's current season.

When we started with them, our situation was: [what was true at the start].

Right now, our situation is: [what's true now].

What's been working: [the honest list].

What's been bothering me, even slightly: [the honest list, including the small things].

Help me see this clearly. What's worth talking with them about? What's worth letting go?

What might be a sign it's time to make a change? Don't tell me what to do. Help me see what I'm actually looking at.

How to use it well

Be specific in what you put in. Vague input gets vague output. "Childcare provider" is less useful than "our nanny who's been with us three years and is wonderful with the older kids but newly struggling with the toddler."

Include the small bothers. The thing that almost isn't worth mentioning is usually the most useful data point.

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Don't ask AI to make the call. This is a thinking tool, not a decision tool. The decision belongs to you and your partner.

One small reframe

Most provider drift happens because the season changed and the relationship didn't. This prompt makes both visible at the same time, which is usually all you need to see what to do next.