

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



www.YourPossibleHome.com

The DIY Confidence Tracker for Teens

This isn't a productivity log and it isn't a chore chart. It's a quiet record of what your teen is learning to handle, kept somewhere they can flip back through it when the next project feels bigger than they think they can manage. The point is to make growth visible to them, in their own words, so the belief that they can figure things out has something to stand on.

Use it however fits your family. Some teens will fill it out themselves after a project. Others will want you to sit with them and write it together. Both work, as long as the reflection actually happens.

The project log

For each project your teen takes on, fill in the fields below. Keep it short — a few sentences per project is plenty.

Project name and date: _____

What needed to be fixed, built, or figured out: _____

Who led the project — parent, teen, or shared: _____

Tools used: _____

The hardest part: _____

The part that surprised you: _____

What you'd do differently next time: _____

One sentence on how you feel about it now: _____



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Skills inventory

Once a season, sit down together and check off the skills your teen now feels confident handling on their own. The phrase that matters is *on their own* — not "has watched once" or "helped with last summer." This is about what they could walk into and complete without supervision.

Plumbing

Shut off the main water supply ____ Replace a toilet flapper ____ Unclog a drain with a snake ____
Fix a running toilet ____ Replace a showerhead or faucet aerator ____

Electrical

Reset a tripped breaker ____ Replace a light bulb in a tricky fixture ____ Replace a light switch or outlet cover ____
Install a basic light fixture under supervision ____ Test smoke and CO detectors ____

Vehicle

Check tire pressure and add air ____ Jump-start a car ____ Change a car battery ____ Check and top off fluids ____
Change a tire ____

Tools and general repair

Use a drill confidently and safely ____ Read a tape measure accurately ____ Hang something heavy on the right kind of anchor ____
Sand, prime, and paint a surface ____ Read assembly instructions and follow them through ____

Home maintenance

Replace an HVAC filter ____ Clean gutters or know who should ____ Reset a garbage disposal ____
Identify the source of a small leak ____ Know who to call when a problem is over their head ____

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The reflection check-in

Every six months, set aside fifteen minutes for a conversation around these three questions. Don't write the answers down unless your teen wants to. The point is the conversation, not the record.

What's one thing you can do now that you couldn't do six months ago?

What's one thing that used to feel scary that doesn't anymore?

What's one thing you want to learn how to handle before you leave home?

A closing note for parents

Resist the urge to grade this. The tracker isn't measuring whether your teen is ahead or behind some imaginary standard. It's giving them a way to notice their own growth, which is a different kind of competence than the projects themselves. Kids who can name what they've learned tend to keep learning. That's the whole purpose of this resource.