

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI


www.YourPossibleHome.com

The Packing Reflection Journal

This is the page you fill out at the end of every trip, in the same notebook or doc, year after year. Over time it becomes one of the quieter records of how a kid grew into someone who knew how to take care of themselves on the road.

What worked well on this trip? _____

What surprised me about what I needed or didn't need? _____

What did I have to adapt to or improvise for? _____

What's one thing I'd change for next time? _____

A note on keeping these in one place. The temptation is to fill out the page and lose it in a drawer. The habit that actually pays off is keeping a single binder or doc that lives with the trip-planning materials, so the next time you're packing you can flip back through previous trips and remember what you've already learned. That accumulating record is what turns a kid who's packed five trips into a young adult who knows how to pack.