

# Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI

  
www.YourPossibleHome.com

## The Provider Delegation Map

**A one-page view of what you outsource, what you keep, and what you rotate**

Most families never ask this question on purpose. They just slide into whatever pattern emerged from the last few crises. This map makes the pattern visible so you can decide whether you actually want it.

Fill it out once. Revisit annually, or whenever a season changes meaningfully.

### The map

| <b>Category</b>                    | <b>What we outsource</b> | <b>What we keep in-house</b> | <b>What we rotate by season</b> |
|------------------------------------|--------------------------|------------------------------|---------------------------------|
| <b>Parenting and education</b>     |                          |                              |                                 |
| <b>Health and wellness</b>         |                          |                              |                                 |
| <b>Home and maintenance</b>        |                          |                              |                                 |
| <b>Technology</b>                  |                          |                              |                                 |
| <b>Administration and finances</b> |                          |                              |                                 |

# Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



www.YourPossibleHome.com

|                         |  |  |  |
|-------------------------|--|--|--|
| <b>Food and meals</b>   |  |  |  |
| <b>Transportation</b>   |  |  |  |
| <b>Yard and outdoor</b> |  |  |  |

## How to think about each row

**Outsource** is for the things that drain your family without rewarding it, that someone else can do meaningfully better or faster, or that your family doesn't have the bandwidth to do well right now.

**Keep in-house** is for the things that build skills, build memory, or build relationship. The things that, even if outsourcing would technically be more "efficient," would cost you something you don't want to lose.

**Rotate by season** is for the things that move depending on what life looks like. A heavy work season might mean outsourcing meal prep. A quiet summer might mean bringing it back in. Both are right at different times.

## A few honest prompts

When you're filling it out, ask yourself:

- What am I doing right now that's draining me with no real return?
- What am I outsourcing that I secretly miss doing?
- What am I trying to do myself out of guilt rather than meaning?
- What would my future self thank me for handing off?
- What would my future self thank me for protecting?



# *Your Possible Home*

Building Meaningful, Enduring Family Bonds in the Age of AI

---

  
www.YourPossibleHome.com

## **One small reframe**

The right map for one family isn't the right map for another. Your in-house list might be someone else's outsource list, and that's fine. The point isn't to match anyone else's pattern. The point is to make yours on purpose.