

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



www.YourPossibleHome.com

What I Already Own

A Capsule Wardrobe Inventory Worksheet

Most of us shop before we look. We feel the pull of something new and assume we need it, and meanwhile there is a sweater in the back of the closet that would have done the job. This worksheet is a way to slow that down. You walk through what you actually have before you decide what is missing, and a lot of the time the answer changes once you see it written out.

Take it room by room or shelf by shelf. The point is not to be exhaustive. The point is to look honestly at what is already there before adding anything new.



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The Inventory

Category	Item	How often I wear it	Mixes with	Feels like me?
Tops — daily				
Tops — layered				
Tops — formal				
Bottoms				
Dresses / one-piece				
Outerwear				



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Shoes				
Accessories				
Special-use — work				
Special-use — church				
Special-use — travel				
Special-use — sport				

Questions to Sit With as You Go



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Question	What I notice
What do I reach for most often, and what does that tell me?	
What hasn't come off the hanger in a year?	
What works with more than one other thing in my closet?	
What feels like me when I put it on?	

One Line to Finish

When I feel most like myself in my clothes, I'm usually wearing —

