

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



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Giving a Question a Home

Some questions don't close; they develop, and if you scatter the thinking across a hundred separate conversations, you lose the pattern forming right in front of you. This worksheet sets up your first container, decides whether it deserves a full project, and writes the reset routine for when a thread goes stale. One setup, years of payoff.

Part One — *choose the question.* The test: will I still be working on this in six months? Candidates from my life right now (a child's development, a season of marriage, a health pattern, a financial knot, a long-range plan): _____

The one that earns the container: _____

Part Two — *open it well.* The thread's name, written so future-you can find it ("*Academic Planning — [child]*" beats "*quick question*"): _____

The opening message — current situation, what I'm working toward, the constraints that matter:

What I'll track in it as life adds information (strengths emerging, feedback, changes, opportunities, my own shifting read): _____



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My return rhythm — monthly, each semester, when something changes: _____

Part Three — *does it need to become a project?* The signal is several conversations orbiting the same theme while you re-explain context you've already worked through. If yes: the project's name, chosen carefully because "*Teen Years*" points somewhere different than "*Raising Capable Adults*": _____

The two-or-three-sentence orientation that becomes its north star: _____

The reference material that belongs inside — family rules, the school policy, the values statement written in a better moment: _____

The pattern question to ask after a month, because the project can see across threads when you can't: *Looking across these conversations, what tension keeps surfacing? What question keeps coming back in different forms?* What it found: _____



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Part Four — *the reset routine.* When a thread starts answering a situation you're no longer in — old assumptions, last month's worries, a frustrated tone that colors everything after it — don't argue with it. Make it pack its own bags:

This thread has been running for a while and I want to start a fresh one. Write a concise brief I can paste into the new thread: the current situation, key things we've established, what's been tried, what's still unresolved, and the constraints that still apply. Keep it tight — context, not history.

My rough rule for when to reset, in my own words (mine: when I spend more time correcting the thread's assumptions than thinking): _____



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