

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



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The Certainty Check

I had the whole lecture built before my daughter finished her sentence about quitting her job — and the pause I took instead is why I ever heard the real story. Reverse prompting inserts that pause between reaction and action: you bring your conclusion and ask the tool to find the holes before you act on it. Fill out the top of this page now; keep the bottom for the next time you feel certain very fast, because that feeling is the trigger.

My certainty tells — what fast conviction feels like in me (the airtight logic, the rehearsed argument, the urge to respond before they finish): _____

The situations where I should run this check — emotionally charged, long-term consequences, about to send something important, or the suspicious speed of being sure: _____

The next live situation. What's happening: _____

My current conclusion, stated honestly: _____

The template, filled in: *Here is my current thinking about* _____.

Before offering solutions, identify possible blind spots, assumptions I may be making, alternative interpretations, and potential unintended consequences. Keep your tone neutral and analytical.



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What it surfaced that I hadn't considered: _____

The questions I'll now ask the actual person, without an agenda: _____

What the real story turned out to be, if it differed from my conclusion: _____

And the guardrail on the guardrail: this is a tool for clarity, not a recipe for paralysis. The kinds of decisions where I should just decide and skip the check: _____

