

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



www.YourPossibleHome.com

The Privacy Walk-Through

I sign a non-disclosure agreement at work every year, and the same standard belongs at home. Do this once, before you need it, with your AI tool open in another window. Check each item off as you actually do it — reading about settings is not the same as opening them.

☐ I found the settings panel in my AI tool. (Write where it is, because you will forget: _____)

☐ I know whether my conversations are being saved, and where: _____

☐ I found the data/training controls and made a decision about them. My choice: _____

☐ I found temporary or incognito chat, and I know how to turn it on. How: _____

☐ I've decided my personal "never type it" list. Mine starts with full names attached to health details, financial account information, and anything I'd hesitate to post publicly. Yours: _____

☐ I've picked which kinds of questions go in a temporary chat instead of a saved one: _____



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The one-sentence rule worth memorizing: if you'd hesitate to post it publicly, pause before typing it into any online system. Date you completed this walk-through: _____ (Settings move. Re-walk this page once a year.)



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