

Your Possible Home

Building Meaningful, Enduring Family Bonds in the Age of AI



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Your AI Workplace Setup

Most people never open the settings panel, and a few minutes of setup changes everything that follows. This page is the twenty-minute version of what took me much longer to figure out. Do it in order.

First, write your lens. This becomes your personalization paragraph — who the system is talking to before you say a word. Draft it here:

Who I am at home (roles, family shape, season of life): _____

What I'm working toward right now: _____

Values, books, or thinkers I want shaping what comes back: _____

Now compress those three answers into one short paragraph and paste it into your tool's personalization or custom instructions field: _____

Second, ask for honesty. One sentence changes the tone of every conversation that follows. Mine says I want candor, not a yes-man. Write yours and add it to the same field: _____

Third, name your threads on purpose. Your first message becomes the title you'll search for later. Practice converting these: "can you help me with something" becomes _____. "I need ideas" becomes _____.



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Fourth, decide goldfish or dolphin. The free version is more capable than people expect; the paid version remembers. Answer honestly: Am I using this occasionally for quick answers, or building something over time — a project, a family system, ongoing questions? _____
If the second, what the monthly cost compares to in my actual budget: _____
My decision, and the date I'll revisit it: _____

*Optional AI prompt to finish the hour: Here's the personalization paragraph I just wrote: [paste it].
Tighten it without losing my voice, and tell me one thing you'd still be guessing about when I bring you a family question.*

